

Sew a Prefold from Old T-Shirts

These photos and instructions were put together by Stelleria from [Fern and Faerie](#) , but we are hosting it here because free stuff keeps disappearing.

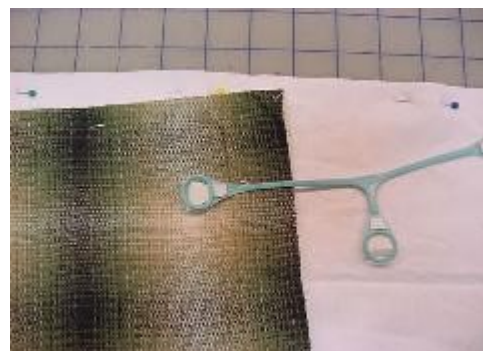
For this project, you will want to use a **ball-point or universal sewing machine needle**, so you don't punch holes and cause runs in your fabric. A size 80 or 90 will do the trick.



Cut 4 pieces per diaper. For a standard-size

4x8x4 prefold I cut mine 18"x18". Go by the desired finished length, and use that measurement for the dimensions of your square.

Take 2 layers and fold them in half, right sides out. Repeat with the other 2 layers. In the photo, the folded edges are both in the center.



Overlap the two folded stacks so the overlapped part is the same width as the sides. Pin along the folded edges, and then topstitch close to the folds on both sides.

Cut a piece of Snappi-able fabric the same size as your diaper. Layer this over the diaper and pin. Loose weaves, terry-cloth, the wrong side of sherpa, or pique knit are usually Snappi-able.

Serge around the edges, rounding off the corners. Alternately, you can straight-stitch around the edge, then zigzag to overcast the edges.

If you don't want to back the whole diaper with Snappi-able fabric, you can conserve fabric by using strips. I cut mine 3.5" wide, serged the edges, and sewed them in place using the illustrated steps. This diaper was made using a waffle-knit shirt for the Snappi-able fabric.



Pin the center strip in place, then topstitch.

Lay top strip out in flipped-down position. Pin & sew the seam.



Flip up, pin & trim.

Serge to finish.

